

# Conscious Sedation

## Patient Education & Preparation Instructions

### What is Conscious Sedation?

Conscious sedation is a type of sedation that induces an altered state of consciousness that minimizes pain, anxiety and discomfort through the use of sedatives and/or pain relievers. Patients who receive conscious sedation usually are able to speak and respond to verbal cues throughout the procedure. A brief period of amnesia may erase any memory of the procedure.

### What Should You Expect?

You will have an IV (intravenous) placed in your hand or arm. After you are positioned for the procedure, staff will administer medication through the intravenous line.

**Do not expect to go completely to sleep; you will still be able to respond.**

You will also have your heart rate, blood pressure and oxygen saturation monitored throughout the procedure. You will also receive supplemental oxygen through your nose.

### What are the Patient's Responsibilities?

You must have someone to drive you home, and you may not have anything to eat or drink 6 hours prior to the scheduled procedure. This includes gum, mints and hard candy. If you do not have a driver or have had food or liquids within those 6 hours, you will NOT be able to receive conscious sedation. However, you MAY take your regular scheduled medications with sips of water within the 6-hour limit, if your doctor says it is alright. You should NOT drive a vehicle, operate dangerous machine, make any important decisions, or sign any legal documents for at least 24 hours after receiving conscious sedation.

Conscious sedation provides a safe and effective option for patients undergoing diagnostic procedures.

Conscious sedation allows patients to recover quickly and resume normal daily activities in a short period of time.

To avoid appointment delays, pre-registration is required prior to your date of service.

Aspirus Riverview Hospital Imaging Services Department 715-421-7430

### **PRE-REGISTRATION REQUIRED**

**Stop by the Registration Department in Aspirus Riverview Hospital's Lobby Rotunda**

**Monday-Thursday 8 am-5:30 pm; Friday 8 am-5 pm; Or call 715-421-7499**

*If you are unable to keep your appointment, please let Aspirus Riverview Hospital's Imaging Services Department know as soon as possible. Should you be admitted to the hospital, please inform your physician about your appointment.*



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