2022 ANNUAL REPORT

The Stories You Write





OUR MISSION |

St. Luke's Foundation provides innovative support to advance compassionate patient care, research and community health.



Dear Friends,

Thank you.

This annual report is a tribute to you, our donors, and the many stories you help create because of your deep compassion and generosity. You honor us with gifts that allow us to support our patients and region.

Each one of you has a unique story of why you support the Foundation. Together, the collective story of your kindness and its impact is felt in every aspect of the care we provide.

The stories of why you give are truly inspiring – from Lizette Lawien's gift to establish a new comprehensive Neuro Rehab Gym in honor of her husband, to Helga and Marcy Wallner's gift in memory of their beloved husband and father, to Louise Pell who sews comfort pillows for breast surgery patients. It is a privilege to hear your stories and to share them with others.

Again, thank you for your generosity. We deeply appreciate your support and the role you play in enhancing healing and hope.

In good health,



Collegia Ada Holes

Catherine Carter Huber Executive Director/Chief Philanthropy Officer



Jull

JC Welles Chair, Board of Directors

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PICTURED ABOVE: Lizette Lawien stands in St. Luke's new Neuro Rehab Gym. Her gift, in honor of her husband John Lawien, supports a state-of-the-art rehabilitation facility for patients recovering from head injuries and other challenges.

PICTURED ON PAGE 3, FROM L TO R: Circle of Light Gala 2022; St. Luke's Neuro Rehab Gym; Pediatric Climbing Wall

The Incredible Comeback

Generous gifts during Circle of Light Gala supported the relocation and expansion of St. Luke's Rehabilitation Services and the creation of St. Luke's Neurologic (Neuro) Rehabilitation Gym.

I want to make sure no other family member has to go through what I went through," says Lizette Lawien.

It was 1985, and Lizette's husband, John Lawien, was transferred out of St. Luke's after being treated for a traumatic brain injury (TBI). He needed neurological rehab, but at that time St. Luke's didn't offer it. Lizette had to admit John to a new healthcare system and care team. "It was one of the worst days of my life," she recalls.

That day stayed with her. St. Luke's has grown its program through the years, and when the chance to support a new comprehensive neuro rehab gym was presented to Lizette, she eagerly jumped on board. As part of the Circle of Light event, Lizette donated \$50,000 to the gym, in honor of her husband.

Her gift comes from the *Jack F. and Mary E. Rowe Charitable Lead Trust*, established by and in her parents' names. As trustee, Lizette supports efforts and priorities that advance care and education in our community.

Lizette's gift, along with the gifts of many others, made the 2022 Circle of Light gala – "The Incredible Comeback" – St. Luke's Foundation's

most successful ever. The generous outpouring created more than St. Luke's Neurologic Rehabilitation Gym. It helped support the expansion and relocation of St. Luke's Rehabilitation Services and provide the resources to inspire our patients' stories to continue despite challenges.

Along with the Rehab Gym, all three rehab disciplines – physical, occupational and speech therapy – are now located in the former Emergency Department space. "Having this space not only allows for expanded services, but also greater collaboration," says Brett Osborne, Director of Rehab Services.

"The support of donors, like Lizette, gives our highly skilled clinicians the tools and space to take treatments to the next level and make sure we never turn a patient away because we don't have the right equipment," says Eva Trueblood-Pearce, Supervisor of Rehab Services.

Because of Lizette's gift, patients and caregivers will not have to endure the stress of moving hospitals, as she and John did.

"My joy is seeing how the gift is used," she says. "It benefits patients, their families, the providers, and the whole community."









St. Luke's Campus butterfly garden	St. Luke's Cardiothoracic Surgery Associates "Cardiac Care During COVID" Study\$2,500	St. Luke's Home Care and Hospice Duluth® Afghans, quilts and in-kind items for hospice patients\$2,737
and/or emergent financial challenges through St. Luke's Small Things Fund \$1,388	Two vinyl heart bypass models for patient and staff education	Ensuring hospice continues to offer palliative, personal, emotional and spiritual care for patients and their families regardless
Assistance to employees experiencing financial crises due to personal hardships outside their control through the St. Luke's Employee Compassion Fund\$3,000	St. Luke's Clinic Division "Buzzy Bee" devices to reduce needle pain for pediatric patients	of the ability to pay for services
In-kind gifts for patient care and comfort\$250	Support for the Reach Out and Read program\$2,500	My Sight" and "The Eleventh Hour" booklets, butterfly garden seed packets, and journals for the care and comfort of hospice
In-kind gifts in support of St. Luke's staff\$2,537 St. Luke's 4 West Neuro Unit	Support for the Reach Out and Read program from the Lahti Family Foundation\$5,000	patients and their families
Delirium prevention cart and distraction items\$3,040	St. Luke's Education Department	Continuing education for staff\$2,127
St. Luke's Breast Center Recovery Care Bags for patients undergoing breast surgery \$2,913	Continuing education for St. Luke's staff: "Burnout Back to Brilliance – Recovering the JOY of Work" with speaker Lee Tomlinson. Funded by the Dr. Dana C. Rood Fund \$6,195 St. Luke's Emergency Department	St. Luke's Lake View Hospital New operating room ultrasound and echocardiogram ultrasound courtesy of The Leona M. and Harry B. Helmsley Charitable Trust\$253,075
Robes for Breast Center patients\$3,689 Comfort pillows for breast surgery patients\$1,768	Blankets and stuffed animals to comfort pediatric patients\$3,317	St. Luke's Materials Management Personal care items for St. Luke's patients\$2,106
Support for 3D tomography screenings for patients	St. Luke's Gastroenterology Associates Continuing education for staff\$1,390	St. Luke's Maternal Child Health Unit Knit hats, blankets and afghans for the Birthing Center\$1,676

Celebrating the last baby born in 2022 and the first baby born in 2023\$146	Gas cards, wigs, grocery cards, nutritional shakes and Chemo Care Bag supplies for Cancer Center patients	St. Luke's Surgical & Procedural Care Unit Port pillows for cancer surgery patients \$462
Perinatal Loss Program supplies and staff bereavement training	Port pillows for infusion patients\$300	St. Luke's Trauma Program
In-kind photography services for	Cancer survivorship lecture\$2,000	Advanced Trauma Life Support (ATLS) simulation manikins for staff and
Perinatal Loss Program from JaneCane Photography\$35,875	Patient waiting area aquarium care\$2,089	regional provider training\$10,220
Grief support through the Emerson Runkle Fund	Support for breast cancer patients through the Bowling to Beat Breast Cancer Compassionate Care Fund\$1,316	Eva Erickson Peterson Memorial Nursing Scholarship
Framing for Birthing Center artwork \$1,870	Support for breast cancer patients through the Circle of Hope Fund\$1,421	Scholarship for a St. Luke's employee pursuing an RN degree or higher\$1,000
St. Luke's Nursing Administration Two Mamava breastfeeding pods for patients, visitors and staff\$44,000	Support for cancer patients through the Cancer Care Transportation Fund \$2,426	Gladys Eklund McKissack Nursing Scholarship
St. Luke's Pediatric Unit/Pediatric Associates Blankets, teddy bears, puzzles, pillowcases,	Lodging support for cancer patients through the American Cancer Society\$25,000	Scholarship for a St. Luke's employee to finance educational goals in pursuit of a nursing career
books, games and clothing for pediatric patients\$8,952	Transportation support for cancer patients through the American Cancer Society\$7,500	Judy Bernhardt Memorial Nursing Scholarship
St. Luke's Post Anesthesia Care Unit (PACU)	Blankets for patients from the	Scholarship for a St. Luke's employee pursuing an advanced nursing degree\$1,000
Patient Surgical Experience Comfort Improvement Project to alleviate anxiety	Leukemia & Lymphoma Society/ Subaru Loves to Care program\$2,175	Stephen F. Kavajecz Nursing Scholarship
and discomfort following surgery \$6,233	St. Luke's Rehabilitation Services	Scholarship for a St. Luke's employee pursuing an RN degree or higher
St. Luke's Proctor Fitness Center	Support for the relocation and expansion	Moose Lake Area Food Shelf
Summer Strength & Conditioning Camp equipment and camp scholarships\$5,000	of St. Luke's Rehabilitation Program and services\$219,571	Program support\$5,000
St. Luke's Regional Cancer Center	St. Luke's Respiratory Care Department	Whiteside Institute for Clinical Research
Gentle yoga supplies and classes for cancer patients	Continuing education, equipment, training and educational materials on the latest	Advancing clinical research in the areas of cancer, lung and heart disease\$363,363
In-kind gifts for patient care including hats,	respiratory care for therapists funded by the Douglas H. and Judith H. Lewis	Wilderness Health
gift cards, scarves, port pillows, earrings and quilts\$34,597	Memorial Fund of the Duluth Superior Area Community Foundation\$2,896	Hibbing Scrubs Camp to introduce high school students to healthcare careers \$2,500



In 1881 St. Luke's opened its doors and became Duluth's first hospital. Today, annual donors of \$1881 or more become members of St. Luke's Foundation's 1881 Society.



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Waking up from anesthesia after surgery can be very disorienting.

For many, the sensory and physical sensations are frightening and uncomfortable.

"It's a very vulnerable time in a patient's stay," says Shannon Cummings, RN, Clinical Supervisor of St. Luke's Post Anesthesia Care Unit (PACU). "They're completely reliant on us to make sure they're safe."

With a St. Luke's Foundation grant, Shannon and the PACU team – particularly colleagues Amber Peterson, RN, BSN, and Megan Forsyth, RN, BSN, MBA – implemented the Patient Surgical Experience Comfort Improvement Project. This project aims to enhance patients' experience.

A portion of the grant funded light diffusers with open sky views plus large pictures of serene natural scenes by Grand Marais Photographer Bryan Hansel. Patients often relate to the images, even recognizing them from past experiences. Focusing on the scenes and pleasant memories helps reduce anxiety and creates a sense of tranquility.

Patients are also now offered a "comfort menu," featuring several items, from lip moisturizer to aromatherapy.

"The grant allows us to increase our offerings. It's also made our space calmer," says Amber. "We want patients to know we're here to do everything we can to help them feel more comfortable and safe."





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Students from Lester Park Elementary School delivered Christmas trees and gifts for St. Luke's patients in December. The Giving Tree project began 20 years ago with a little boy's desire to give back to the hospital that saved his brother's life. It was his idea to give small trees to patients who have to spend the holidays in the hospital.

◆ Pictured (left to right) are Brendan and Robbie, creators of The Giving Tree project, and Sue Janchar-Baker, Lester Park teacher and project organizer, along with several students.



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Lois Jaeckel has been attending the yoga class for cancer patients at St. Luke's for a year. "It stretches and smoothes out everything. Breathing, connecting. I can't miss this class because I can't get through the next week without it," she says.

A grant from the St. Luke's Foundation Cancer Care Fund provides the essential equipment and support for the ongoing class. It's facilitated by David Caligiuri and Susan Fackler.

"Yoga focuses on rebuilding the immune system to help the body heal itself," says David. "We focus on whatever movement we can do that day that will help without being overwhelming."

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The First Page

"Scrubs Camp can be the first page in a high school student's career story," says Hibbing Scrubs Camp Coordinator Brenda Shafer-Pellinen.

A grant from St. Luke's Foundation supporting the camp is playing a role in writing these stories.







An interactive camp, it's designed to give high schoolers an insight into a career in health care. Campers pull on scrubs upon arrival and embark on a series of adventures. They tour an eye clinic, surgical center, funeral home, equine farm, and the University of Minnesota Medical and Pharmacy schools in Duluth.

"These hands-on learning opportunities may be the first time they can see themselves in that role and see that potential future for themselves," says Brenda.

"I'm really just delighted by the students' reactions – to see what gets them excited, what drives them, what fills their cup," says Brenda. "We're creating a thirst to learn more about a career in health care."

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As a thank you to St. Luke's employees for their leadership through the COVID-19 pandemic, the Duluth Entertainment Convention Center donated ice time in March so our employees and their families could enjoy an afternoon of fun.

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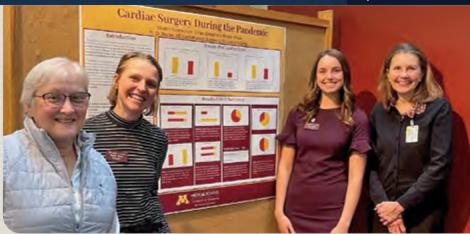
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Our Hearts Cannot Wait

Much of the world came to a halt in the early weeks and months of COVID-19. But for people suffering urgent cardiac needs, delaying care could have been fatal.

"We demonstrated that even in the severe, unprecedented time of the pandemic, St. Luke's was able to continue providing high quality care for these patients who had a higher risk of complications or death if they didn't get care," says Cardiothoracic Surgeon Dr. Mary J. Boylan.

A grant from St. Luke's Foundation is helping Dr. Boylan and her team, including University of Minnesota Medical School students, investigate the impact of COVID-19 on cardiac patients. The ongoing project also looks at how to best serve the community's ongoing health needs, a focus of the Foundation.



Pictured above from left to right: Director of Whiteside Marilyn Odean, Medical Student Morgan Whyte, Medical Student Lanae Sieben, and Cardiothoracic Surgeon Dr. Mary J. Boylan

"Community partners are important to the Foundation and including University of Minnesota Medical School students in this research has been invaluable," says Dr. Boylan. "It is so important to get students involved. It's a great opportunity to collaborate on the work and then look for ways to publish and present this research." The students presented the initial findings at a recent medical school symposium and will continue to assist with ongoing analysis.

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Building a Home at St. Luke's Mallner family's memorial gift to St. Luke's makes a home-awayfrom-home for community Emergency Medical Services (EMS) partners.

Robert "Bob" Wallner made his name as a homebuilder.

The founder of RWC Inc. Construction passed away in April 2022. A beloved man, his wife, Helga, knew people would want to memorialize him. She also knew he would be honored if those memorials went to a place close to their hearts: St. Luke's Foundation.

The Wallner family has strong ties to St. Luke's. Helga served on both St. Luke's and St. Luke's Foundation boards, (fulfilling three 3-year terms for each). Their daughter, Marcy, has worked at St. Luke's for almost 25 years and is a Health Unit Coordinator in the Emergency Department (ED).

The generosity of Bob's family and friends was used to name St. Luke's EMS Providers' Lounge in his honor. It's a home-away-from-home for these vital community partners.

"Paramedics are out in difficult circumstances," says Helga. "This is a nice place for them to come and recharge after bringing patients to the ED and before the next call."

The gift honors Bob's life in many ways.

"Bob and I have always felt good about giving to St. Luke's Foundation because we know the money stays right in our community," says Helga. "It was also meaningful to give to an area of St. Luke's where our daughter works. It's such a good feeling to know Marcy can actually see every day how this memorial gift is helping people."

Marcy agrees. "I know EMS providers really appreciate having this space to decompress. They work so hard for the community, it's important for them to know we want to take care of them, too."

This designated space also helps connect EMS with the rest of the team, resulting in better care all around. "The ED docs always appreciate the chance to connect and to talk about patient care," says Marcy. "It's good to follow up and it helps build rapport, which is important."

Today, Bob's story lives on through this memorial gift. "I'm so grateful we can honor Bob's memory this way," says Helga.









PICTURED ABOVE: Helga Wallner and her daughter, Marcy Wallner, hold a photo of Helga's late husband and Marcy's late father, Bob Wallner. The EMS providers' lounge, in St. Luke's Emergency Department, is named in his honor.

PICTURED ON PAGE 20: Snacks and refreshments are plentiful in the EMS Providers' Lounge, named in honor of the late Bob Wallner.

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Supporting Families



Hospice is dear to the heart of retiring St. Luke's Foundation Board Chair Scott Lyons. Both of his parents were St. Luke's hospice patients.

In recognition of his board leadership, and with much gratitude for his service, the Foundation made a gift to support the Hospice Inpatient Family Room.

The Family Room is an important part of the newly remodeled and expanded Hospice & Oncology Inpatient Unit, which opened this past November (the room was first created through the generosity of Circle of Light donors and refurbished by maurices during their Grand Give Day in 2017).

In Memory of

Dolly Aho

Allen Aho

Dr. Derrick Aipoalani

Cherie Bridges

Lorrie Almos

Carol Lilyquist

Barb Manthey Ammerman

H. Jean Manthey Diane Vogel

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In July, St. Luke's Maternal Child Health Department held a dedication ceremony for a special planter located outside of St. Luke's Building A. The planter honors all babies who have died, whether during pregnancy, birth or as an infant. Each spring, St. Luke's Perinatal Loss Program, supported by a Foundation grant, will replenish the planter.

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Thomas CurrieDes Currie

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Beatrice Davis Lynn and Dexter Nelson

Betty Davis
Jane Schroeder

Jennefer Dee Alice Dee

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Mary Ann Deichert Rose Hockett

Betty DevlinPat and Lynn Devlin

Robert Devlin
Pat and Lynn Devlin

Linda Donaldson

Tom and Bev Donaldson

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Joyce Drennen
Scott Drennen

Richard "Bud" Drennen Scott Drennen

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Carol Emberg Nancy and Jack Eilefson

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Brandi FrakieRobert Ulland and
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Molly Fredrick
Carol Griak

Adine Hopkins Fredrickson
Dolores Jacobson

Fred Freeman Anonymous

Elma French Vicki Goode

Marshall Froland Caryn Wood

LaVerne Fryberger Angelica Fryberger

Robert "Bob" M. Fryberger, Jr. Angelica Fryberger

Robert M. Fryberger, Sr. Angelica Fryberger

Jeffery Fujan Anonymous

Paul GablemanDoreen Gableman



Spending the holidays in the hospital is not ideal, but Sophie Roazen (in Santa hat), daughter of St. Luke's Emergency Department Physician Lisa Roazen, MD, was able to spread some cheer to our pediatric patients. When Sophie first learned her mom had to work over the holidays she was disappointed, but decided to channel her energy into something positive. She began fundraising and collecting new stuffed animals for children in the hospital. The animals were given to St. Luke's patients in our Emergency Department, Pediatric Inpatient Unit and St. Luke's Pediatric Associates.

Genevieve Gates

Gloria Lyle

John Gault

Fraser Industries, LLC

John Geegan

Cheryl and Kevin Pauna

Foster Gilliland

Gail Gilliland

Marietta Gjessing

Morris Gjessing

Arthur and Alice Glibbery

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Arthur H. and Carol Glibbery

David Glibbery Ethel O'Leary

Dan Glibbery Ethel O'Leary

Fred and Carolyn Glibbery

Ethel O'Leary

Harry and Rosemary Glibbery

Ethel O'Leary

Ilse Goldschmidt

Angelica Fryberg

Dr. Volker Goldschmidt

Angelica Fryberger

Millie Grandholm

Diane Vogel

Mark Griffin

Ray and Mary Beaulieu

Irene Guist

Diane Vogel

James "Stu" Gunderson

Catherine Gunderson

Mildred Gustafson

Wayne Gustafson

David Haburt

Diane Vogel

James Haenke

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Eileen Hagen

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Patricia Hansen

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Dennis and Kathy Velander

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Doreen Gableman

Rick Hedrington

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Corrine Helmen

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William Henderson

Gaye Stariha

Mike Hennessy

Martha Shores

Catherine Herbert

Charles Jensen

Jeraldine Hewitt

Peter Ciavaglia

Paulette Hill

Jim Hill

Tom Hill

Bev and Tom Donaldson

Kerry Hilleren

Christy Mahoney

Thomas Hillman

Tom and Bev Donaldson

Margaret Hiltunen

Anonymous

Carolyn Hockett

Rose Hockett

Paul Hoff

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James King

Olene Holt

James King

Marcella Homola

Geri and Jim Ohman

Maxine Houchins

Joanne Saiko

Frances Houle

Lorraine Houle

James Houle

St. Luke's Volunteers

William Houle

Lorraine Houle

Ruth Hoyland

Dr. David and Nancy Choquette

Arnold Hoyum

Barbara Farmer

Gladys Hoyum

Barbara Farmer

Bonita Hulett

Marilyn Melhus

Sandra Isika Carol Lilyquist

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Jayne Iverson

James Izzard

Anonymous

Jayne

Ian and Eileen MacKenzie

In Memory of

Tyler William Jackman

Calvin and Mary Benson

Edward Jacobs

Linda and R. Fernando Roth

Ruth Jacobs

Linda and R. Fernando Roth

Mary Jacobson

Norman Jacobson

Adam Jago Julie Jago

Robin Lee Jarvi Kathy Jarvi

Nancy Jensen Carolyn Braiedy **Bill Jensen** Kitty Jensen

Marion and Joesie

Mary Stoj

Carl Johannessen

Muriel Johannessen

Marian Johannessen
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Dolores Johnson Laurel LaJoie **Dorothy Johnson**

Sharon and David Johnson

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Elna Johnson

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Kenneth Johnson Kathryn Johnson

Lauren Johnson Laurel LaJoie

Nancy Johnson Helen Brake

River Meriwether Johnson Anndrea Ploeger and

Mark Johnson Greg and Ditto Ploeger

Supporting Maternal Child Health



"Promoting breastfeeding is in alignment with all four of St. Luke's strategic pillars of health," says Theresa Hannu, St. Luke's Chief Nursing Officer.

Mothers who breastfeed may find it difficult to find a private place to nurse their babies while out in public. Working women can find it especially challenging, as they may need to pump several times a day. St. Luke's wanted to ensure patients, employees and visitors have easy access to private and comfortable spaces.

Thanks to a grant from St. Luke's Foundation, St. Luke's patients, employees, and visitors can find the private space they seek in two new Mamava breastfeeding pods. These cozy, comfortable rooms provide a clean, secure space for women to nurse their babies or use a breast pump.

Victoria Johnson
Barb Cummings

Mona Johnson-Cheslak

William Cheslak

Edward Kalland Ruth Kalland

Steve Kalland

Ruth Kalland

Conrad Kaptonak Margaret Kaptonak

Jennie Kaptonak Margaret Kaptonak

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Mary Levenduski
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Karleen Luoma Nancy Nelson

Thomas Lyle Gloria Lyle

Phyllis Mack Linda and Brian Denston

Steven MaderichGail Maderich

Robert Mahnke Lynnette Mahnke

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Martha and Emily Maki Diane Vogel

A. Edward Manthey

H. Jean Manthey

George and Margaret

Mary Stoj

Sandra Margritz

Dr. Mark and Elizabeth Monte

Jim Marshall

Jan Biga

Lyle Marshall

Julie Patton

Frederick "Freddy" Martin

Bunnie Katich

David Masterjohn

Jan Masterjohn

Floyd Mattin

Jane Kempton

Vivian Mattin

Jane Kempton

Dr. Roger Mattson

Karen Mattson

Glenn and Ida Maxwell

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Dolores Mertes

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Nancy Mancini

Maxine Metzinger

Nancy Mancini

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Sandra and Michael Bailey

Michael "Mike" Mikel

Sandra and Michael Bailey

Violet "Vi" Mikel

Sandra and Michael Bailey

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Luciya Miner

Ricci Minotte

Jane Minotte

Stanley Moe

Cheryl Moe

Frederick Moen

Judy Moen and Family

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Brian Liberty and Sue Moline Liberty Linda Moline

Nancy Moline

Brian Liberty and Sue Moline Liberty Linda Moline

Dominic Monte

Dr. Mark and Elizabeth Monte

Mafalda "Muffie" Monte

Dr. Mark and Elizabeth Monte

Carl Mostrom

Diane Vogel

Helen Muhvic

Lail Beste-Michelson

Donna Rae Murphy

Joe Murphy

Doris Myhrman

Anonymous

Vern Myhrman

Anonymous

Judy Neisen

Jo Ann Wells

Mary Lou Nelson

Vanessa and Jeff Everett

Chester Nelson

Nancy Nelson

Gary Nelson

Patricia Nelson



The Olive Garden in Duluth collected donations from their guests and team members as part of their annual Giving Tree Celebration. They delivered a load of new toys, games, clothing and activity items for children and teens at St. Luke's. Jessica (pictured) led this year's project. When she was young, her brother had serious health issues that led to their family spending Christmas in the hospital many hours away from home. The hospital staff provided presents for them and she never forgot how much that meant.

Lowell Nelson

Carol Lilyquist Marilyn Melhus

Mary Lou Nelson

Vanessa and Jeff Everett

Richard Nelson

Larry and Mary Nelson Lynn and Dexter Nelson

Roberta Nelson

Lynn and Dexter Nelson

Stanley Nelson

Judy Nelson

Warren Nelson

Lynn and Dexter Nelson

Edith Jill Niemann

Jill and Bryon Novotny

Kim Niemi

Bea Brune

Lillian Nikkola

Thomas Nikkola

Patricia Northfield

Arthur Larsen

David Oberg

Linda Oberg

Randine Okoneski

Bunnie Katich

Gilbert O'Leary

Ethel O'Leary

Lois Olsen

Frances Sloan

Arlene Olson

James and Jane Olson

Sidney Olson

James and Jane Olson

Evelyn Oren

Judy Kaiponen

Hazel Organ

Thomas Nikkola

Nancy Ostrom

Laurie and David Johnson

Betty Ouellette

Richard Ouellette

Beverly Ovesen

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Scott and Nancy Craker
Wayne and Toni Kari
Gloria Leighton
Raymond and Marsha Moe

Patricia and John Shepard Raymond and Nancy Somerville Larry Sprague

Dorothy Paasch

Georgene McCarty

Floyd Paaso

Jacquelyn Paaso

Kathryn Pallas

Zoran and Kim Bogojevic

S. Robert Palumbo

Margie Palumbo





A grant from St. Luke's Foundation has funded the creation of a butterfly garden near St. Luke's Lakeview Building.

The building's many visitors, including patients who seek daily treatment at St. Luke's Regional Cancer Center, will find peace and inspiration before and after treatment in this natural space. The self-sustaining garden will support mental health and emotional well-being as it attracts monarchs and other pollinators to the milkweed, native perennial plants, and grasses that bloom throughout the summer.

In Memory of

Jean Patrick

Anonymous Rose Marie Garofalo Jackie Johnson

Sylvia Patterson

Robert Patterson

Betty Pearson

Robert Pearson

Margaret Ann Pechacek

Coleen Christensen

Fred Pederson

Anonymous

Roberta Pederson

Paul and Sue Bachinski

Dick Peterson

Ethel Peterson

Mercedes Peterson

John and Chris Peterson

Wallace "Pete" Peterson

John and Chris Peterson

Joe Petrovich

Dr. David and Nancy Choquette Shelia Petrovich

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Linda and Dr. R. Fernando Roth

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Anonymous

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Myra Russeth

Donald and Elizabeth Stellmaker

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Donald and Elizabeth Stellmaker

Eileen (Dolly) Sage

Eileen and Ron Sangster

James Sage

Eileen and Ron Sangster

Lois Salo

Roni Salo



Duluth Huskies Baseball Team Owner Mike Rosenzweig and General Manager Greg Culver worked alongside St. Luke's Foundation staff to celebrate Huskies Hot Dog Day in April, providing St. Luke's employees free hot dogs and chips. The Huskies players and leadership have deep appreciation for their relationship with St. Luke's Orthopedics & Sports Medicine, as well as the compassionate care St. Luke's provides our community.

Elsie Sarkela

Jon Sarkela

Leah Sarko

Lynn Carlson

Joseph Sauve

Steven and Charlotte Sauve

Mary Sauve

Steven and Charlotte Sauve

Kari Scheldroup

Zoran and Kim Bogojevic

Bonnie Schilling
John Schilling

Quinn Schultz

Stewart and Christine Schultz

Merilyn Scott
Paula Durham

Cara Seiler

Ben and Barry Wolfe

Stuart Seiler

Ben and Barry Wolfe

Louise Seliga

Steven Seliga

Ronald Semerau

Heidi Baublitz

John Shearer Marion Carter

Eleanor Sheldon

Geri and Jim Ohman

Linda Ostrom Bronas Simmons

Laurie and David Johnson

Beatrice Sislo Mary Laverdiere John Sislo

Mary Laverdiere

Eugene Sisto

Laurie Sisto

Linda Sjogren

Laurie and David Johnson

Patricia Skoraczewski

Jeff Skoraczewski

Pam Skorich Roberta Radford

John Skylondz

Peggy Skylondz

Myrtle Skylondz

Peggy Skylondz

Marty Sloan
Frances Sloan

Norbert Sloan

Frances Sloan

Alma Rose Smith

Gregory Smith

Mirra Smith-Dahn

Barbara and Steve Carey

Cindy Snow

Helen Stellmaker

Raymond Soderholm

Jill Soderholm

Donald Solem

Vernon and Lona Christiansen

Lawrence Sorensen

Sue Ryan

Patricia Sorensen

Sue Ryan

Amy Sowl

Fred Sowl

Jean Spesock

Sandra and Michael Bailey

Carol Staples

Sharon and David Johnson

Harriet Starkey

Diane Vogel

Al Stead

Jeanne Ahlin Lynn Bruen

Judy Harvey

Binner Rahn

Margaret Steckel

Pat and Lynn Devlin

Shirley Steinhagen

Jack and Nancy Eilefson

James Stellmaker, Sr.

Donald and Elizabeth Stellmaker Helen Stellmaker

Carol Stephens

Bob Stephens

Charlie Leighton Stevenson

Missie, Quinn and Lucy Stevenson

George Stoj

Mary Stoj

George and Margaret Stoj

Mary Stoj

Marion and Joesie Stoj

Mary Stoj

Barbara Strand

Deb and Art Hoff

Marilyn Melhus St. Luke's Volunteers

Gloria Streu

St. Luke's Volunteers

Gerald Strum

Linda Tezak

Elizabeth Stuart

Richard Stuart

Joseph Stuart

Richard Stuart

Donald SullivanRobert Sullivan

William Sullivan

Linda and Brian Denston

Raymond Swanson

Marvel Swanson

Dr. Sonja Swenson

Melissa and Tiffany Hagen

James Tarro

Jean Ninefeldt

Jennie Tarro Jean Ninefeldt

Lewis Tarro Jean Ninefeldt

Edward "Eddy" Tezak

Linda Tezak

Sheila Tezak

Linda Tezak

In Memory of

Sue Thieling

Robert Ulland and Myrna Wells-Ulland

Richard Thompson

Sally Thompson

Susan Holt Thompson

James King

Kay Toenberg

Dick Toenberg

Sandra Toland

Laurie and David Johnson

Alvin Tollgaard

Elvi and Elsie Tollgaard

James Tollgaard

Elvi and Elsie Tollgaard

John Toman

Doris Toman and Family

Nellie Towers

Coleen Christensen

Diane Tracy

Thomas Nikkola

Bette Ulland

Bob Ulland and Myrna Wells-Ulland Kim Ulland

Gene Ulland

Bob Ulland and Myrna Wells-Ulland

Rose Mary Ulland

Bob Ulland and Myrna Wells-Ulland

Al Van Derziel

Nancy Mancini

Bud Van Guilder

Nancy Werner

Charlotte Van Guilder

Nancy Werner

Dr. Paul Van Puffelen

Dr. William Merrick

Amy VanOuwerkerk

Jean Ninefeldt

Judy Varnadoe

Barbara Farmer

Patricia Velander

Dennis and Kathy Velander

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Earl Heisel
Jack and Lynn Holmgren
Jim and Nancy Holmgren
Catherine Carter Huber and

Pat and Karen Galvin

Carl Huber

Bruce Jessen and Dr. Gail Baldwin

Bonnie Johnson

Laurie and David Johnson

David and Joanne Joice

Rik and Nancy Jordan

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Dexter and Lynn Nelson

Esther North

Nick, Bonnie & Mabel Norlander

Marilyn Raether

Roy and Margaret Sebold

Scott and Kathy Sobczak

Larry Stauber

Karl and Bev Tarnowski

Kurt Tarnowski

Jill and Bryon Thomas

Ruth Wagner

Helga Wallner

Jim and Jennifer Wallner

Marcy Wallner
Darrel Youngblom

 Huskies Owner Mike Rosenzweing presents a check to the Foundation's Laurie Johnson (left) and Catherine Carter Huber (right).



In what has become a summer tradition, St. Luke's hosted a night for employees and their families at a Duluth Huskies baseball game in August. Along with games, fun and prizes, \$1,400 was raised in the jersey auction to support St. Luke's Breast Center.

DONORS

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Les Wicklund Jan Biga Myrtle Wicklund

Jan Biga

Pearl Widell Barbara Lind

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Edward and Hazel Williams

Charles Williams

Mary Larson

Steven Williams

Richard and Charlene Nichols

Jack Willis

Ken and Tina Slosberg

Kenneth Wilson

Anonymous

Ivan Winger

Muriel Johannessen

Lorraine Winger

Muriel Johannessen

Tom and Goldie Wolfe

Ben and Barry Wolfe

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Suzanne Zallar John Zallar Florence "Flossie" Zentkowski

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Marilyn Melhus St. Luke's Volunteers

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Benedict Zylka

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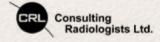






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Catherine Carter Huber
Cecile and Dick Swenson

Amanda Hunker Dan Ahonen

Kay Jacobs Cheryl Larson

Callie Johns
Sheri and Steve Johns

Dr. Nick JohnsonCharlotte and Ward Johnson

In October, during Breast Cancer Awareness Month, Texas Roadhouse and their guests raised \$8,600 in gift cards for St. Luke's patients receiving care at St. Luke's Regional Cancer Center.

Laurie Johnson

Anonymous

Cecile and Dick Swenson

Robin Klaehn Quilliam

Dr. Timothy Kleinschmidt

Terry Dathe Harlan Huso C. Roger and Lydia Pellett

Dr. Krishna Kolandaivel Mike Carlson

Colten Michael LaJoie Laurel LaJoie

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Grace Helen LaJoie Laurel LaJoie

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Dr. Michael MomontPat Prachar

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St. Luke's Pregnancy & Infant Loss Awareness Month Ben and Barry Wolfe

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Dr. Jennifer Witt

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Brave. Hope. Flourish. Connect.



Words of inspiration, energy and support are woven into the very fabric of the pillows Louise Pell makes for patients undergoing breast surgery at St. Luke's. A dedicated volunteer, Louise's sewing efforts started as a way to be of service during the pandemic. That's when she sewed and donated more than 5,000 masks to St. Luke's. Now, her efforts have evolved to sewing breast surgery comfort pillows and "port pillows" that fit around a seatbelt and cushions the portacath where chemotherapy is placed into the patient's chest.

The project brings her back to her love of sewing, a chapter of her life that had been put on hold for many years. She credits the work for keeping her grounded and giving her a sense of purpose. "It's brought me a lot of gratification to make somebody else's life just a little better. And to maybe give them a little bit of extra comfort knowing someone made the pillow – with love – just for them."

Louise delivers a new batch of pillows to the Foundation weekly, Though she has not yet met a recipient, just knowing people benefit from her creations gives her great joy.

"I wish there wasn't a need for the pillows," she says, "but since there is," I will keep making them."



PICTURED ABOVE: Jane Smalley (center), Manager of St. Luke's Trauma Services, teaches Advanced Trauma Life Support to those on the front lines of patient care. ALSO PICTURED: St. Luke's Education Specialist Carrie Mooers (left) and Coordinator of Nursing Education Christine Shaffer (right).

PICTURED ON PAGE 39: Jane using simulation manikins to teach ATLS to St. Luke's providers and all family practice residents in the area.

Supporting Every Provider in a Patient's Journey St. Luke's funded to

St. Luke's Trauma Services use grantfunded tools to educate providers throughout the region.

Jane Smalley, Manager of St. Luke's Trauma Services, is passionate about teaching everyone who cares for severely injured patients.

"I want our patients to receive the best care, which means ensuring everyone who takes care of them knows as much as they can."

A grant from St. Luke's Foundation's *Wildey H. Mitchell Fund* supports Jane's passion to teach Advanced Trauma Life Support (ATLS) class to physicians, nurse practitioners, physician assistants, and family practice residents at St. Luke's and at rural clinics throughout the region.

The class gives providers crucial hands-on skills in assessment, treatment, and procedures needed to care for a severely injured trauma patient. In the class, they practice chest tube placement and advanced airway procedures. "Providers need these skills to transport the patient safely, especially during a three-hour ambulance ride or via helicopter," she says.

ATLS training is required for providers every four years. Because the volume of patients in rural settings is naturally lower, this training may

be the only time providers practice the skills needed to treat severe trauma. Jane recognized a need for more frequent refresher trainings and wanted to support providers so they feel competent and confident treating severe injuries.

The grant funds simulation manikins that Jane uses to teach ATLS to St. Luke's providers and all family practice residents in the area. She also transports them to providers in rural settings, teaching these vital skills throughout the region.

"I have a passion for rural care, especially for those who are out there with very little backup. They are the first line of defense," says Jane.

For patients, the care they receive before arriving at the Emergency Department is the first step in their story of survival.

"More skilled care in the field results in better outcomes," says Jane. "When you see it work, it's amazing. People survived because everybody involved knew what they were doing and did it well."









Ways to Give

Your gift is vital support to St. Luke's Foundation and its mission. All gifts, no matter the size or method of giving, contribute to advancing our reach.

Gift-giving options for your consideration:

OUTRIGHT GIFTS

Often the easiest to arrange, many donors support St. Luke's Foundation with gifts of cash, checks, credit cards, securities or stocks, real estate, or in-kind gifts.

RETIREMENT PLAN

Name St. Luke's Foundation as the beneficiary of the remainder of the assets after your lifetime, avoiding a heavily taxed gift to heirs.

LIFE-INCOME GIFTS

One of the following trust options may be the best fit for you:

- -Charitable Remainder Annuity Trust: A trust that pays a set income annually.
- -Charitable Remainder Unitrust: A trust that pays a fixed percentage of the trust's assets.
- -Charitable Lead Trust: A trust that pays a fixed or variable income to St. Luke's Foundation for a set term, and then passes to heirs.

RETAINED LIFE ESTATE

Designate the ownership of your home to St. Luke's Foundation while you retain occupancy.

LIFE INSURANCE

Name St. Luke's Foundation as the beneficiary for income tax deductions.

BEQUESTS IN WILLS

You can name St. Luke's Foundation in your will.

Sample bequest language for St. Luke's Foundation:

"I, (name), give, devise and bequeath to St. Luke's Foundation (written amount or percentage of the estate or description of property) for its unrestricted (without conditions attached) use and purpose."

If you want to restrict your beguest, please consult with St. Luke's Foundation when you make your will to be certain your intent can be accomplished.

If you have named St. Luke's Foundation in your will, please let us know. We would welcome the St. Paul's opportunity to share our appreciation of your bequest through our St. Paul's Society.

DONOR ADVISED FUNDS

Donor Advised Funds (DAF) are a type of charitable investment account. A donor creates an account with a sponsoring organization such as a financial services firm or a community foundation by making a contribution of cash, stock, or other assets, providing an immediate tax benefit to the donor, and allowing them to recommend grants to charities of their choice over time

Tax ID:

St. Luke's Foundation Tax ID #41-1448118

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Society

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This information is not intended as legal, tax or investment advice. For such counsel, contact contact an attorney, tax or investment professional.

For more information on how you can support the mission of St. Luke's Foundation, please contact:

Catherine Carter Huber ccarterhuber@slhduluth.com 218.249.2420

We would be honored to work with you to ensure your philanthropic wishes are carried out.









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Financials

St. Luke's Foundation carefully stewards all donations and grants.

We are committed to investing our resources efficiently and effectively so that stories of inspiration, healing and support can continue to be written.



\$ 1,770,162



\$ 11,828,429



\$ 1,183,003

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Back row (I-r): Dr. Nick Van Deelen, Jon Niemi, Dr. Waldo Avello, Scott Lyons, JC Welles, John Lawien, Eric Lohn Front row (I-r): MayPakou Ly, Becky Lindberg, Carmen Wendland, Wendy Althoen, Roni Salo, Catherine Carter Huber, Laurie Johnson, Meagan Avery

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