

Advancing Health...

Caring for People

Annual Report 2017

Thank You!

Family Gives Back to Help Newborns

Dr. Derrick and Sonya Siebert welcomed their son, Colin, into the world on May 18, 2017. Colin arrived a few weeks early and surprised the entire family. He spent two weeks in the Anya Marie Jackson Newborn Intensive Care Unit at Aspirus Wausau Hospital and received specialized care around the clock.

Thinking there were several weeks left before Colin was scheduled to arrive, Derrick happened to be out of town when Sonya went into labor. “As soon as it was apparent I was in labor, my husband caught the next flight back, which unfortunately didn’t get him home until early the next morning,” Sonya said. “With the helpful staff and nurses, I never felt alone. My husband’s co-workers and families also stepped in to help by staying with me in the hospital and taking care of our other two daughters,” she elaborated.

*With the helpful staff and nurses,
I never felt alone.*

Derrick was able to talk to Sonya via cell phone through the whole delivery. As he flew home he was also able to keep an eye on their new son with the web cams the NICU has to allow parents to see their children remotely. Derrick shared that, “Everything the NICU does for every baby that comes here is amazing. They make you feel like family, and it’s just perfect. We were more than thrilled with the care our son received.”



Sonya, Derrick and Colin Siebert outside the NICU room they named.

The Siebert’s experience inspired them to say thank you for the care their son received by making a gift to the Aspirus Health Foundation to support babies and families who need extra support in the NICU.

Kim Smerda, Fund Development Specialist at the Aspirus Health Foundation, commented, “The Siebert’s gift is a very special reminder of the importance of the Anya Marie Jackson NICU to all of the families who receive care here. In fact, the Siebert family named a room through their gift as a reminder to the NICU team of how grateful they were for the care their son received.”

Colin is now 10 months old and is healthy and happy because he got the right start to life through the Anya Marie Jackson NICU.

Your Gifts Help Heart Patients

Many patients suffering from chronic diseases, such as congestive heart failure and hypertension, can't afford essential items like blood pressure cuffs and digital scales to monitor their health at home and prevent more serious health problems.

With your help, patients who are underserved and qualify for financial assistance are provided with self-monitoring equipment to help manage their disease.

Patients thank you:

"This has been a great help in keeping track of Dave's BP and heart rate. Thank you so much!" – Dave and Joan

"I would like to thank you for the blood pressure machine. I have 2 heart conditions. I am on many medications, which I am trying to get off of. I had to go to our local store to check my blood pressure. I am so happy I can do this at home now. I am on a limited income and couldn't afford to buy one on my own. Thank you again!" – Lynda

By receiving this care in the comfort of their own home, you help patients have a better understanding of their condition and heal faster.



Thanks to you, Dave can now check his blood pressure and heart rate at home.

Gifts Help Kids with Type 1 Diabetes

Kids with Type 1 Diabetes and their families attended an Aspirus Diabetes Day Camp on August 19, 2017 at the Greenheck Field House in Weston.

This day camp is part of a series of educational and social support programs available through Aspirus, all because of a gift from the E.O. Johnson Legacy Fund at the Community Foundation of Northcentral Wisconsin.

I liked that I didn't have to be the odd one out checking my blood glucose level.

Kay Busch, R.D., Diabetes Educator with the Aspirus Diabetes Center, noted, "The connections made at these events among children, parents, family members, and community members are so important. Parents and grandparents network and learn from one another. Kids get to have fun and be surrounded by other kids who are just like them...who also check their blood sugar levels and count the carbohydrates in their food, and administer insulin, or manage their insulin pump.



Liz Wendt, medical student with the Medical College of Wisconsin-Central Wisconsin Campus, and Addie enjoy ice skating at the Greenheck Fieldhouse in Schofield, Wisconsin.

It's been an honor to plan and participate in the day camps. I've met so many wonderful children and families, and their resiliency amazes me. It's been neat to watch the children grow and come out of their shells as they gain confidence about managing their Type 1 diabetes. Sometimes the older kids mentor the younger kids, but sometimes it's the other way around. It all depends on what age a child is diagnosed.

We're grateful to Mary Jo Johnson for the special gift from her father's legacy fund to help support pediatric diabetes efforts and families at Aspirus."

Gifts to Help Cancer Patients Are a Blessing

Having cancer is scary on its own, but having to drive several hours every day for multiple weeks to and from your radiation therapy appointments is an even scarier thought. Worse yet is the fear that comes from worrying that you'll be too sick to drive and will have to pay to stay in a hotel for weeks on end.

The fears described are common among patients who have cancer. Thanks to the family of Mary Ann Kallstrom, life is a little easier for many patients who have traveled to the Aspirus Regional Cancer Center in Wausau over the past few years.



What meant the most to us is that someone cared. We're grateful for the Mary Ann Kallstrom Cancer Support Fund.

A little over three years ago, the family of Mary Ann Kallstrom established a cancer support fund in her name through the Aspirus Health Foundation as a special way to honor Mary Ann's life and help others who are living with cancer.

The Kallstrom family was thankful for the caring team of physicians and nurses who became part of their lives and extended family during Mary Ann's illness before she passed away in September of 2015. So, they established the Mary Ann Kallstrom Cancer Support Fund to help support the needs of cancer patients and families with a special focus on transportation and housing needs.

A cancer patient housing pilot project was implemented to help provide a "temporary home away from home" to bring comfort and healing to patients with identified need as they receive cancer treatment.

According to Wendy Schultz, Supervisor of Oncology Social Services at the Aspirus Regional Cancer Center, "This housing has made the difference for some patients who otherwise may have foregone treatment due to the cost of travel and housing during extended cancer treatment."

The following feedback from patients who have stayed in the housing has been heartwarming:

"It meant a lot for our family- it can be very expensive for families dealing with cancer and all of the emotional and physical barriers/struggles. It's very nice to have a network of community people who care so much to make some parts of the journey easy."

"What meant the most to us is that someone cared enough to provide such a wonderful service to help me and other cancer patients."

"Truly, this made the difference between treatment versus no treatment for me as I could have not afforded to pay bills in two places. Thanks for developing this program and offering it."

Kalynn Pempek, Executive Director of the Aspirus Health Foundation, shared, "We remain thankful to the Kallstrom family for making this special home-away-from-home possible. We're also grateful to the patients and families who have also paid it forward through their own gifts to the Mary Ann Kallstrom Cancer Support Fund."

Man Gives Back to Brighten the Holidays

When Mark Heinrich, groundskeeper at Aspirus Wausau Hospital, came up with the idea to decorate Christmas trees outside of the windows of all patient rooms at the Aspirus Hospice House, he had no idea of the impact he would have on people's lives.

According to Tasha Stencil, Hospice House Manager, "Patients just loved that they had their very own beautiful Christmas tree to enjoy during the holiday. Families, volunteers, and employees enjoyed the magical feeling that the trees created too."



This might have been the last Christmas for some people, so I wanted to do something special.

In fact, the Hospice House employees were so grateful that they decided to make a donation through the Aspirus Health Foundation to recognize Mark as their Aspirus Hero.

"Many of our patients spend the majority of time in their beds or bedrooms, so to bring the spirit of Christmas to them was very special. We are blessed to have such a passionate groundskeeper! Mark found a way to make this difficult time in our patients and families lives a little better. We cannot thank him enough!"

To learn more about the Aspirus Hero program and how you can make a gift to recognize your hero, visit aspirus.org/aspirus.hero or call 715-847-2470.

You Can Make a Difference Too

The Aspirus Health Foundation is proud to work with a variety of individuals, organizations and corporations who choose to support the Foundation's mission by hosting their own fundraising programs.

- **Members of the Crusaders for Christ and Junior High youth groups from Trinity Lutheran Church** in Athens walked to help cancer patients at their Youth Cancer Walk and raised \$1,730 to stock the cancer patient resource center.



- **Jarp employees** in Schofield held a food day fundraiser for the Anya Marie Jackson Newborn Intensive Care Unit at Aspirus Wausau Hospital to help purchase special scales to weigh babies after breastfeeding. \$825 was donated.



- **The Mosure family** held the 1st annual Mike Mosure Memorial Golf Outing in August raising \$1,202 to support people in our community who are living and dealing with cancer through the Aspirus Regional Cancer Center.



If you have an idea for a fundraiser, we would be grateful for your help. Contact Kim Smerda at 715-847-2892 or kim.smerda@aspirus.org.

Hardel's HOPE Shares Gifts and Kindness

If you have ever been hospitalized during a holiday, you know first-hand that it is the last place you want to be, and you feel a bit isolated from the rest of the world who are at home celebrating the holiday together.

For the patients at Aspirus Wausau Hospital and the Hospice House, their holiday was brightened by a visit from the Hardel family and friends. Nearly one hundred patients and their families received a special visit and gift of HOPE, which stands for "Help Offer Prayer and Encouragement." Their special gifts included devotionals, snacks, activity books, lotions, lip balm, and other essentials to let people know they are not alone and that people do care.

These gifts let people know they are not alone, and that people care about them.

This year, HOPE gifts also included special blankets made by the Be Amazing groups which were formed following the tragic deaths of four members of our community on March 22, 2017, to inspire people of all ages to give back to others and make a positive impact on the community.

The HOPE gifts also included get-well cards made by Mrs. Heinzen's 3rd grade class at Evergreen Elementary, and handmade get-well book markers made by Marissa Swita.



Front Row, L to R: Carmen Ghidorzi, Jaxson MacDonald, Jace Drews, Charles Ghidorzi Back Row: L to R: Jeannine Nosko, RN, Ryan Andrews, MD, Margaret Ghidorzi, Lisa Hardel, Jen Nieuwenhuis Hardel, Marcus MacDonald, Jamie MacDonald, Brad MacDonald, Jenna Drews, Mike Drews, Jaiden Drews, Jeff Hardel, Kris Rabenold, RN

Jeannine Nosko, RN, Chief Nursing Officer at Aspirus Wausau Hospital, shared, "It was a privilege to accompany the Hardel family on their visits to patient rooms. It was clear from the expressions on our patients' faces, some smiles and some tears, that they were truly touched that someone cared about them. Our staff loved it too! They are always so amazed at the healing and comfort they can see in our patients after receiving a visit and gift from Hardel's HOPE."

Generosity is Something We Can Give Back

Gifts to the Aspirus Health Foundation help people in our community by helping address the greatest health needs of our community, and by supporting programs and services for patients at Aspirus. As a donor, you are an important part of our mission work, and the following options for giving offer you the broadest framework for charitable giving in the present and the future:

Partners in Health Giving Society

Your monetary gifts are appreciated and may be made online, by phone, or by mail using the enclosed gift envelope.

Aspirus Hero Program: Special gifts may also recognize an outstanding care provider through the Aspirus Hero program.

Memorial & Honorary Gifts: A donation or creation of a named fund is a thoughtful way to express your sympathy for the loss of a loved one or to honor someone special in your life.



Your Gifts Made Hospice House Interior Renovation Possible



Carol DeBauche, volunteer, joined Chris Zimmerman, electrician, during the renovation of a patient room.



Carol DeBauche and Chris Zimmerman reunited for a special photo following the renovation.

The Hospice House opened in June 1998 as a brand new option for north central Wisconsin residents - a new holistic approach to support people with terminal illness. The Hospice House was created because of a local need that was identified to support people who are able to remain in a homelike environment but didn't have the necessary support to do so.

The Hospice House was made possible through generous gifts from people in north central Wisconsin. It was the first of its kind constructed in Wisconsin and was designed to be a comfortable home while still meeting strict requirements for a medical facility.

Every detail in the Hospice House was planned carefully and deliberately to ensure quality care and a home-like environment to provide the best end-of-life experience possible for both patients and families.

The recent interior renovation project included a renovation of eight private patient bedrooms with private bathrooms and space for families and friends, along with the main kitchen, sub-kitchen, dining room, great room, meditation room, and guest bathroom.

We are grateful to the many individuals, organizations, and groups for making this important renovation project possible to touch the lives of thousands of people today and for decades to come!



Luthra Family

Aspirus Volunteers

Your Gifts in Action – Thank You!

The Aspirus Health Foundation regards your charitable gifts as a vote of confidence in our mission. We could not advance health for our friends and neighbors in north central Wisconsin without your help. We thank you and more than 3,000 partners, donors, and volunteers for your generosity last year and for your continued support in 2018.

Aspirus Health Foundation 2016-2017 Board of Directors

Paul LaPree, <i>Chair</i>	Brad Peck
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Kay Gruling, M.D.	A. Brenda Davis, <i>Emeritus Director</i>
Matthew Heywood	

Aspirus Health Foundation Team

Kalynn Pempek, <i>Executive Director</i>
Kim Smerda, <i>Fund Development Specialist</i>
Lori Artz, <i>Database Specialist</i>
Mary Dobeck, <i>Executive Assistant</i>

Statement of Financial Position *June 30, 2017*

Assets

Current assets:	
Cash and cash equivalents	\$877,333
Current portion of assets limited as to use	415,385
Prepaid expenses and other	79,931
Total current assets	1,372,649
Investments	5,509,913
Noncurrent assets limited as to use	21,520,256
Property and equipment - Net	0
TOTAL ASSETS	\$28,402,818

Liabilities and Net Assets

Current liabilities:	
Current portion of long-term liabilities - Donor-imposed	\$415,385
Accounts payable	1,789
Other accrued liabilities	104,553
Total current liabilities	521,727
Long-term liability - Donor imposed liability	5,547,102
Total liabilities	6,068,829
Net Assets:	
Unrestricted:	
Designated by Board for Scholars Program	9,122,365
Undesignated	6,360,835
Temporarily Restricted	1,027,761
Permanently Restricted	5,823,028
Total net assets	22,333,989
TOTAL LIABILITIES AND NET ASSETS	\$28,402,818

Statement of Activities and Changes in Net Assets Year Ended – June 30, 2017

Changes in net assets:	
Support and revenue:	
Total amounts raised	\$1,715,907
Less - Amounts designated by donors for specific organizations	(624,240)
Total contributions	1,091,667
Investment income	2,548,398
Grant revenue	-
Other income	72,142
Total support and revenue	3,712,207
Expenses:	
Contributions - Community programs	278,907
Program support	225,670
Administrative and general	203,630
Fund-raising	91,619
Total expenses	799,826
Increase in net assets	2,912,381
Net asset transfers	252,810
Net assets at beginning	19,168,798
Net assets at end	\$22,333,989

This is a summarized financial statement presentation. The complete audited financial statement is available upon request.

Your Gifts Support Our Community's Health

Your generosity helps advance the health of our communities and increase health services in the region.

Thank you for making a difference through your gifts to the Partners in Health Giving Society and for your memorials and special gifts in 2017.

Partners in Health Giving Society (January 1 – December 31, 2017)

COMPASSION (Gifts up to \$99)	Bruce and Laurie Beversdorf	Bruce and Ann Chopp	Bruce and Jean English	Lorna Grabko
204 West Main, LLC	Shirley Bickford	Anonymous	Jack and Sally Erdmann	Pete and Mary Grace
Anonymous	Marsha Blaschka	Church Mutual Insurance	Terri Erickson	Shirley Graham
Dianne Abel	Bonnie Blaser	Companies	George and Carol Evenhouse	Jane Graham Jennings
Stef Abel	Katie Blaskey	City of Schofield	Sherry Evenson	Curt and Ruth Grauer
George and Helen Ackerman	Kay Block	Anonymous	Dennis and Luanne Fait	Jerry and Kathy Greager
Bethany Adent	Loretta Bloome	John and Nina Clark	Faith Lutheran Church Women	William and Concetta Green
Aerial Distributing, Inc.	Courtney Bloomfield	Darryl and Joyce Clauson	Tim and Lana Falkowski	Green Building Technologies, LLC
Darlene Albrecht	Jamie Boboltz	John Cleary	Marcy Faris	John Greenwood
Jeanne Alexejun	Amanda Boehm	Thomas and Jane Cloutier	Gary and Kelle Fecker	Greenwood Hills Country Club, Inc.
Nicholas Alft	Gayle Boettcher	Anonymous	Dennis and Marcy Fehrman	Kim Grimm
Larry Allard	Jennifer Bonke	Daniel Collins and Robin Tanke	Denise Feit	Harlan and Elaine Grinde
Christina and Drake Allen	Anonymous	Kathryn Connolly	Cindy Feit	Tim and Nicole Grzesiak
Alisa Allen	Barbara Borchert	Debra Conway	Adam and Heather Felsner	Paul and Julie Gulstrand
Nancy Alm	Carl and Mary Borowczyk	Daniel and Nancy Conway	Nancy Fenhaus	Sharon Gunderson
Tom and Jo Ann Altman	Kathleen Borski-Gabrielski	Julie Cook	Craig and Rebecca Filiatreaux	Chris and Renee Gustafson
Jeff and Theresa Ambord	Randy and Gwen Borth	James Cook and Carol	John and Paulette Finke	Ronald and Linda Gut
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Richard and Dianne Ames	Betty Bowman-Pearson	Pat and Maureen Cotter	Daniel and Laurie Fitzsimmons	Lenard and Audrey Habeck
Christian and Shelly Ammon	LeAnna Boyer	Covenant Community	Angie Fleischman	Robin Haehle
Charity Anderson	Patrick Braatz	Presbyterian	Greg and Bonnie Foley	Anonymous
Kristen Anderson	Hannah Brabec	Mary Jane Cramer	Darold and Nancy Folz	Anonymous
Gail Anderson	Bill and Nancy Bradley	Jack and Dee Crowley	Maxine Folz	Robert and Faye Hale
Maria Andrae	Bradley Chiropractic &	Culvers	Steven and Jeanne Ford	Holly Halvorson
Ralph and Cindy Andren	Physical Therapy	Eleanor Dahlke	Lacy Fox	Janna Hamann
Barbara Anklaam	Thomas and Carol Brandenburg	Tom and Karen Daley	Steve and Wendy Fox	Ruth Ann Hamilton
Wendy Aspinwall	Ann Brandt	Barb Dalland	Billy and Charity Fraaza	Martin and Susan Hancock
Aspirus Wausau Hospital	Grace Braund	Donna Dallman	Patrick and Amanda France	Ken and Linda Hanke
Food Service Department	Barb Brees	Rosemary Dallman	Ed Freeberg	John and Candace Hanz
Associated Advisory Committee	Terry and Cindy Brenner	Suzanne Davis	Charles and Christine Freiberg	Nathan and Carly Harder
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Daniel and Mary Bayer	Buska & Buska Insurance	Thomas Dragovich	Bill Glinski	Elaine Hess
Gary and Nance Bayer	Deb Buttke	Steven and Virginia Drew	JoAnne Goelden	Sandra Hiller
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Keith and Jeanne Beckman	Theresa Cain	Glen and Kris Duffrin	Sandi Goetsch	Daniel and Amber Hoff
Anonymous	Mary Calmes	Paul and Jill DuMonthier	Good Samaritan Volunteers	Rose Hoffman
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Bradley and Sue Behrens	Lisa Carroll	Tim and Lisa Dupuis	Val Gorichs	Scott and Shelley Hogan
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Dennis and Kris Johnson	Pamela Kugler	Darci Mick-Beversdorf	Phillips United Methodist Church	Cheryl Scolman
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Allan and Charlotte Juedes	Rosemarie Laffin	Peggy Miller	Joel and Linda Pless	Hilary Scully
Anthony and Lori Jurek	Anonymous	Denise Miller	Marlys Podratz	Paula Seamans
Anonymous	Norma Lang	Suzan Miller	Coreen Poeske	Lynn Senfelds
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Verland and Marilyn Kasten	Fred and Sally Lehrke	Jack and Sheryl Morris	Dan Rajek	Beth Slezak
Anonymous	Anonymous	Alphonse Mroczenski	Shannon Ramsey	Andrew Smebakken
Chuck and Betsy Keefe	Ricky and Karen Leopold	Sandra Muck	Linda Ramthun	Keith and Jenneane Smith
Kevin and Julie Keller	Anonymous	Luella Mueller	Jim and Alice Rass	Judith Snoeynbos
Roger Kemp and Sylvia Koch	Gene and Zofia Leszczynski	William and Robin Mueller	Henry Rein	Shawn Snyder
Michael and Linda Kennedy	Cynthia Leuzinger	Marianne Mueller	John and Karen Reisenauer	Herbert and Vivian Soberg
Nicole Keranen	Donna Leuzinger	Dave Mueller	Jerry and Dianne Ress	John and Sandy Solheim
Mary Kettle	Dennis and Charlotte Lewandowski	Carolyn Muir	Dave and Kathy Reynolds	Roger and Evie Sommi
Pudge Kimbel	Florence Lewis	Marvaleen Mullins	Samantha Reynolds	Jamie Sondelski
Judy Kimmons	Denise Lewis	Donna Murkowski	Leurrelle Reynolds	Thomas and Elaine Spees
Loren and Shirley King	Amy Libertoski	Tim and Lois Murphy	Gordon and Beverly Rheinschmidt	Win Spencer
Karen Kinney	Liberty Mutual	Carrie Murray	Rib Mountain Lions Club	Jennifer St. John
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Nadene Kleman	Russell and Sharon Long	Kaye Newman	Lynn Roeder	Vicki Steh
Frederick and Cindy Klemm	Jeff and Rene Long	Jim and Anna Nico	Karen Rogers	Margaret Stenborg
Don and Lynn Klemmer	Sarah Lonsdorf	Dorothy Nieuwenhuis	Victor Rossmanith	Aaron and Tasha Stencil
Gerald and Leah Klotek	Judy Louis	Russell and Leila Nikolai	Dan Rost	David Stenklyft
Arnold and Rita Klos	Joyce Luedke	Kristy Ninneman	Richard and Arlene Roth	Victoria Stepan
Janet Klosinski	Arleigh and Barbara Lutz	Martha Novak	Anonymous	Ann Stieber
Eldon and Julie Kloth	Teresa Maas	Charlene Nowak	Jack Rumpf	Brian Stieber
Julie and Pat Knetter	Heidi MacEachern	Larry Nugent	Katina Rusch	Larry and Glenda Stoffel
Richard Knudson	Mike Madaj	Oak Park Dental	Amy Sabatke	Heather Stoffel
Charles and Carol Knutson	Michael Maher	Joseph Oboikovitz	Amanda Sahr	William and Cynthia Stampe
Connie Knutson	Dana Mahoney	Douglas and Margaret Oehler	Mike and Lisa Salter	Jeannie Strand
Sylvia Koch	Karen Maier	Peggy Oliva	Ardell Salzwedel	Gerald Strehlow and Karen Kyle
Donald and Grace Koch	Erica Maleski-Krambs	Joan Oliva	Roger and Karen Sandquist	Janet Stroik
Candy Kocik	Sharon Marciniak	Mary Olsen	Vicky Sanfelipo	Bruce and Diane Stroik
Mike and Pam Kohnhorst	Brian and Amy Marquardt	DuWayne and Amy Olson	Gary Scavongelli	Marlene Stubbe
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Your Gifts Help Provide Specialized Care for Victims of Sexual Assault and Abuse

The Sexual Assault Nurse Examiner (SANE) program at Aspirus Wausau Hospital strives to help victims of sexual assault and abuse begin the healing process by providing safe and compassionate care to victims of all ages.

The Safe Room for victims of sexual assault has been a blessing.

In addition to specialized nurse training and equipment, gifts from our community helped create a dedicated exam room to provide a quiet, supportive and non-threatening environment for victims to receive medical care and forensic evidence collection.

Jen Schmidt, SANE Coordinator, shared “It makes it so much easier to take the time required for our interview and exam, and victims don’t have to wait for an available room in the emergency department, which could cause psychological distress as well as potential loss of valuable forensic evidence. We call it the Safe Room, and it has



Pictured (L to R): SANE nurses Jen Schmidt, RN, and Sarah Craig, RN, in the Safe Room.

been a blessing. The environment is so serene and calming to both patients and SANE nurses.

Thanks to donors and our community, this specialized care is available when victims need it most.

Calendar of Events

Show your support for the Aspirus Health Foundation and our community partners by attending any of a number of important community fundraising events, or get involved by joining a planning committee, donating an auction item, or sponsoring an event. For more information, please visit aspirus.org/foundation, call 715-847-2470, or email ahf@aspirus.org.



August 6, 2018

Aspirus Women's Golf Classic to support our community's health



October 4, 2018

Annual event to celebrate our donors and the difference they make to advance health and quality of life for people in our region



November 21-25, 2018

Festival of Trees to support hospice

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