

LA VITA Fitness Center  
**SWIM LESSONS**

September 25th - November 1st

**REGISTRATION OPEN:**  
September 11th - 15th



### *Group Lessons*

#### SESSION FEE

La Vita Member: \$30  
Community Member: \$48

*\*Session includes 6 - 30 minute lessons*

#### MONDAYS

*Instructor: Mike*

**LEVEL 1:** 4:00pm - 4:30pm

**LEVEL 2:** 4:45pm - 5:15pm

**Adult / Child:** 5:30pm - 6:00pm

#### WEDNESDAYS

*Instructor: Mike*

**RED Class:** 4:00pm - 4:30pm

**WHITE Class:** 4:45pm - 5:15pm

**BLUE Class:** 5:30pm - 6:00pm

### *Private Lessons*

#### INDIVIDUAL PRIVATE LESSON

##### ***1 (30 min) Lesson***

La Vita Member: \$30  
Community Member: \$40

##### ***5 (30 min) Lessons***

La Vita Member: \$130  
Community Member : \$180

#### SEMI-PRIVATE LESSON

*(2 - 4 Participants)*

##### ***1 (30 min) Lesson***

La Vita Member: \$16/person  
Community Member: \$22/person

##### ***5 (30 min) Lessons***

La Vita Member: \$70/person  
Community Member: \$100/person

*\*ALL participants in Semi-Private groups must complete each lesson together.*

*\*All group members will be charged for cancelling within 24 hours of a lesson.*

**Sign up for all lessons at Member Services. M-F: 7:00am - 6:00pm**

\*Child's parent must be a member to receive the member rate.  
(608) 745-3800 | LaVita@Aspirus.org | Aspirus.org/LaVita

