

Biometric screening collection includes height and weight for BMI, blood pressure, an optional waist circumference, and a fasting blood draw to collect full lipid (cholesterol) panel and glucose. You can complete your biometric screening by submitting your results from a primary care provider visit.

Or, if you need updated biometric values, schedule an [employee biometric lab appointment](#) via [MyAspirus](#) AND, if needed, attend one of the Vitals Screening events listed below to obtain your non-lab biometric readings. *No appointment necessary.*

Please note: This is a living document and the details below are subject to change at any time. Printing this document is discouraged as it is updated frequently. Please check back before your planned vitals screening to ensure no details have changed.

WI Central Region

Aspirus Merrill Hospital

2/19/26 | 2pm-4pm | AMR Main Entrance Conference Rm
3/18/26 | 8am-10am | AMR Main Entrance Conference Rm

Aspirus Corporate Office (Employees only) (Lab Draw & Vital Screening)

2/26/26 | 6:30am-8:30am | AICO2 LL10
3/24/26 | 6:30am-9am | AICO2 LL5 Training Rm

Aspirus Wausau Hospital (Hospital Main Entrance)

2/19/26 | 7am-9:30am | Nursing Room B
2/26/26 | 3pm-5:30pm | Nursing Room B
3/4/26 | 3pm-5pm | Nursing Room B
3/10/26 | 8am-10:30am | Nursing Room B
3/20/26 | 7:30am-11am | Nursing Room B
3/24/26 | 7am-11am | Nursing Room A & B

Aspirus Weston Clinic

3/4/26 | 3:30pm-5:30pm | 2nd Floor Conference Rm

WI North Region

Aspirus Langlade Hospital

3/11/26 | 8am-10am | Occ Health Conf Rm

Aspirus Medford Hospital

3/9/26 | 11am-1pm | Community Education Rm

Aspirus Stanley Hospital

3/5/26 | 10:30am-1:30pm | ASH Conference Rm

Aspirus Tomahawk Hospital

3/17/26 | 12:30pm-2:30pm | Tamarack Conference Rm

Aspirus Rhinelander Hospital

3/17/26 | 7:30am-11am | Conference Rm 3 (LL)

Aspirus Eagle River Hospital

3/10/26 | 8am-10am | Lobby Conference Rm

Howard Young Medical Center

3/10/26 | 12pm-2pm | Café Conference Rm

MI Region

Aspirus Iron River Hospital

3/12/26 | 9am-1pm | Conference Rm 2
3/26/26 | 9am-1pm | Conference Rm 2

Aspirus Ironwood Hospital

3/5/26 | 12pm-2:30pm | Exam Rm 230
3/19/26 | 12pm-2:30pm | Exam Rm 230
3/24/26 | 7:30am-10:30am | 1st Floor Clinic Education Rm

Aspirus Keweenaw Hospital

3/17/26 | 8am-12pm & 1pm-3pm | Employee Health Office
3/19/26 | 8am-12pm & 1pm-3pm | Employee Health Office
3/20/26 | 8am-12pm & 1pm-3pm | Employee Health Office

Aspirus Houghton Clinic

2/26/26 | 7:30am-9:30am | Clinic Room 30

WI South Region

Aspirus Divine Savior Hospital

3/12/26 | 10:30am-12:30pm | Occupational Health Clinic

Aspirus Plover Hospital (Vern Holmes)

3/18/26 | 10:30am-12:30pm | APH Conference Rm

Aspirus Doctor's Clinic (Wisconsin Rapids)

3/3/26 | 7:30am-9:30am | ADC Conf. Rm, 2nd level

Aspirus Riverview Hospital

2/12/26 | 7:30am-9:30am | Conference Rm A (LL)
3/18/26 | 8am-10:30am | Conference Rm A (LL)

Aspirus Stevens Point Hospital

2/17/26 | 2pm-4:30pm | Conference Rm 6
3/11/26 | 7:30am-9:30am | Conference Rm 6
3/26/26 | 8am-10:30am | Conference Rm 6

MN Region

Aspirus St. Luke's Hospital

2/10/26 | 7:30am-12:30pm | ASL Rm Café A-B 30
3/11/26 | 1pm-5pm | ASL Rm 3 Center Meeting Rm
3/12/26 | 7am-12pm | ASL Blue Waves Café

Aspirus St. Luke's Clinic – Duluth – Grand Ave

2/10/26 | 2pm-5pm | Back Conference Rm

Aspirus St. Luke's Hermantown Clinic

2/11/26 | 7:30am-10am | Breakroom

Aspirus Lake View Hospital

2/11/26 | 12pm-5pm | Aspirus Lake View Conference Center

Aspirus St. Luke's Clinic – Duluth – Woodland Ave

3/12/26 | 3pm-5:30pm | Breakroom

Aspirus St. Luke's Superior Clinic

3/11/26 | 7:30am-9am | Supervisor Office

Aspirus St. Luke's Clinic – Duluth – 6351 Superior St

3/11/26 | 10am-1130am | Conference Rm