



# Medical Referral

**La Vita Office Use**

Date Received: \_\_\_\_\_ Date Contacted: \_\_\_\_\_

Contacted by: \_\_\_\_\_

Contact:  Verbal  Phone Message

Outcome:  Appt scheduled \_\_\_\_\_  Not interested

Scheduled with: \_\_\_\_\_

Today's Date: \_\_\_\_\_ Patient Name: \_\_\_\_\_

DOB: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

By completing this form, you are not assuming any responsibility for our exercise program; rather, you are identifying recommendations or restrictions for your patient's fitness program.

Known medical conditions:

\_\_\_\_\_  
\_\_\_\_\_

Exercise restrictions or precautions:

\_\_\_\_\_  
\_\_\_\_\_

Patient goals:

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Referring Provider's Name (**Please Print**)

\_\_\_\_\_  
Email/Phone Number

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date