in a counselor-experienced, sensitive, helpful in the true sense of the word. She has helped me grow in ways I did not think possible. I would recommend her to anyone, and I am grateful to Aspirus Employee Assistance Services for the opportunity provided for treatment."

- "I am in the middle of a divorce. I was feeling very let down when I called. They were able to see me the same day and it helped me out a lot. Super job. Very satisfied."
- "The suggestions that were given to me will be put in use. I feel more confident in my role as a parent knowing there are people who are willing to help me. I am sincerely thankful for Aspirus Employee Assistance Services!"
- "I would strongly recommend these services."

## Help is available

Aspirus Employee Assistance Services has counselors available to help you and your family. You can call the confidential helpline 24 hours a day at:

800.236.4457

TDD# 715.845.4928

Remember, Aspirus Employee Assistance Services is confidential.





3000 Westhill Drive, Suite 100 Wausau, WI 54401

> 715.847.2772 aspirus.org

What people are saying about our services



## customer comments



EAS-003 (rlv 8/8/08)

## what people are saying about Aspirus Employee Assistance Services

We at Aspirus Employee Assistance Services asked our clients for feedback regarding the services they received. We thought you might be interested in what they had to say about counseling:

- "It was very nice knowing that there is a place like Aspirus Employee Assistance Services for employees to be able to go for help. Everyone was so kind and understanding. It was really a great comfort knowing there are people who care and can help. Thanks from the bottom of my heart. I feel anyone needing the service should go."
- "Both the counselors were wonderful. My husband and I would have divorced if we did not receive counseling. Thank you!"
- "This was my first experience with Aspirus Employee Assistance Services. I was so relieved that there was someone RIGHT THERE to talk to. Very impressed with the immediate response in regard to the local appointments. So helpful!"
- "Personalized care. Nice to deal with on the phone for setting up appointments. Nice availability with evening appointments available. Professional service."

- "The counselor blended knowledge with compassion and genuine concern. He made me feel real comfortable. I left the appointment feeling there was hope."
- "I feel the counselor treated me fairly and showed me the respect which everyone should be given."
- "He made me feel better and gave me hope for my future."
- "I think the service is very good and very needed. By using it I learned how serious my problems were and that more extensive counseling was needed. I'm grateful to have been able to use it."
- "He was wonderful and made me very comfortable speaking with him about some very big personal issues."
- "Before talking to a counselor, I came in feeling so scared and alone and like such a failure. After talking with him I was beginning to see things more rationally and I was able to identify where these feelings were coming from."
- "My initial conversation was very compassionate. He was sensitive, offered options, and I felt as if his response was real-not canned. I would like him to be acknowledged for doing good work."



- "He helped me find a doctor for the long-term treatment and when recommending, he took me and my problems/needs into consideration."
- "I feel the counselor helped me see an alternate way in thinking about a problem and solving it. Also, how to put my actions and the actions of others in the proper perspective. Also, to see the positives in a situation, to offer hope, and to have a chance to change to improve a present situation."
- "I am extremely pleased with the service I have received through Aspirus Employee Assistance Services. She is everything I could have wanted